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Summary of Important Information for Patients:

Refer to your Pre-Op packet to confirm the date, time & location of your procedure. If you are unsure or it is not clear of where you need to be, please contact the office.

Your doctor will instruct you regarding eating and drinking:

- **NOTHING** by mouth after Midnight.
- **STOP** taking Aspirin and Aspirin like products 10 days prior to surgery (SEE BLUE INSTRUCTION SHEET)
- Take your blood pressure; heart, allergy, seizure or Dr Waters approved medications with a sip of water on the day of surgery as directed by your physician.
- If you use inhalers or migraine medication, bring it with you to the facility.
- Wear comfortable clothing, preferably a button-down shirt or drawstring pants. Keep in mind the type of surgical procedure you are having. Do not wear eye make-up.
- Bring your insurance card
- If you are non-English speaking, you must bring an interpreter.
- The parent of legal guardian of a minor child (under 18 years of age) must sign the consent form.
- You **MUST** have a responsible adult to drive you home the day of surgery. You may not take a taxicab unless an adult accompanies you home.
- Please make sure your post-operative appointment is scheduled with Dr. Waters. If unsure, contact the office
- Expect a phone call from the anesthesiologist the night before surgery.